

ALW SERVICES

Services that are required by state statutes and regulations to be provided or coordinated must include, but are not limited to:

- 24-hour awake staff to provide oversight and meet the scheduled and unscheduled needs of residents (24-hour awake staff is not required in RCFs with 6 beds or less)
- Provision and oversight personnel and supportive services (assistance with activities of daily living and instrumental activities of daily living)
- Health related services including skilled nursing (e.g., medication management services, treatments, wound care, etc.)
- Social services
- Recreational activities
- Meals
- Housekeeping and laundry
- Provide or arrange transportation

A resident has the right to make choices and receive services in a way that will promote the resident's dignity, autonomy, independence, and quality of life. These services are disclosed and agreed to in the contract between the provider and resident. Assisted living does not generally provide ongoing, 24-hour skilled nursing. Assisted living units are private occupancy and shared only by the choice of residents (e.g., by spouses, partners or friends).

Assisted Living Services Will Also Include:

- Assistance in developing and updating ALWP participant's Individualized Service Plans (ISP) which details in part, the frequency and timing of assistance. Participants play active roles in the development process and must sign their ISP;
- Providing personal care and assistance with Activities of Daily Living and Instrumental Activities of Daily Living
- Washing, drying and folding laundry; scheduled and unscheduled needs of the residents;
- Performing all necessary housekeeping tasks;
- Maintaining the facility;
- Providing three meals per day plus snacks. Food must meet minimum daily nutritional requirements and meet the resident's special dietary needs as prescribed by their PCP;
- Providing intermittent skilled nursing services as required by residents;
- In accordance with State law, providing assistance with the

self-administration of medications, or administering medications by an RN or LVN;

- Providing or coordinating transportation;
- Providing daily recreational activities;
- Providing social services;
- Providing a response system that enables waiver beneficiaries to summon assistance from personal care providers.

Participants in the Assisted Living Waiver Program will have access to three waiver benefits:

- **Assisted Living Services** - These services are called the Assisted Living Services when they're provided in a Residential Care Facility (or Adult Residential Care Facility) and Assisted Care when they're provided by a licensed Home Health Agency and delivered to residents of publicly- funded housing.
- **Care Coordination** - These services include identifying, organizing, coordinating, and monitoring services needed by a participant. Care Coordinators conduct assessments to assist in determining eligibility, develop ISP, arrange for services, maintain contact with participants, and monitor service delivery on a monthly basis.
- **Nursing Facility Transition Care Coordination** - This benefit helps to transition residents from nursing facilities to the community.